







Most Breakfast Meals (B) include: Choice of Cereal or Oatmeal

Fruit or Fruit Juice

All Lunch Meals (L) include:

8 oz. Milk Salad Bar

Salad Bar may include the following options: Fresh Lettuce

Fresh Lettuce Fresh Spinach Carrots / Celery Tomatoes Diced Eggs

Bean Variety Cucumbers Fruit Variety



Growthing "

All Breakfast Meals (B) Include: 8 oz. Milk







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